



reCONNECTING

MONTHLY SUPPLEMENT TO **HAKESHER** BULLETIN OF RODEF SHALOM CONGREGATION

Parenting Class Talking to Young Children About Tough Topics

**Sunday, January 22
9:30 a.m. • Falk Library**

Whether your child asks you for a sip of your wine or why Grandma died or what “sexy” means, these are all chances to show your child respect and clarity about your beliefs and values.

Dr. G. will help us see that from a Jewish perspective, these “scary” conversations are great opportunities to grow the kids who aren’t scared to ask good questions and know they will get understandable, useful answers from their parents and grandparents. Leave this session with a guide for tackling any awkward or difficult topic your child might mention.



Dr. G (Deborah Gilboa, MD) is a respected parenting and youth development expert and founder of AskDoctorG.com with a passion for raising kids with character.

Finding Your Shal-OM

Through Yoga

**Wednesday, January 25
6:30 p.m. • Chapel**



There’s no better time than January to explore the ways yoga can inspire and expand your Jewish spiritual practice. Join yoga instructor, Jennifer Ferris-Glick, for a yoga session infused with Judaism to keep you warm. Questions and RSVPs to frischer@rodefshalom.org



Turn the Tables

Shabbat Dinner

**Friday, January 27
6:30 p.m. • Aaron Court**



Join us for dinner as we partner with Repair the World and their Turn the Tables Shabbat Dinner Campaign. Turn the Tables combines Shabbat dinners with social justice issues. We will discuss pressing current events in a guided conversation while enjoying a Shabbat meal together. Questions and RSVPs to frischer@rodefshalom.org



Worship

JANUARY 6 & 7

Friday, 5:30 p.m.: Rabbi Bisno & Molly May
Saturday, 10:30 a.m.: Rabbis Bisno & Henry, Molly May
Benjamin Goldman Bar Mitzvah

JANUARY 13 & 14

Friday, 5:30 p.m.: Rabbi Bisno & Molly May
Saturday, 10:30 a.m.: Rabbis Bisno & Henry, Molly May
Cantor Michele Gray-Schaffer
Edward Gerber Ber Mitzvah

JANUARY 20 & 21

Friday, 5:30 p.m.: Rabbi Bisno & Molly May
Saturday, 10:30 a.m.: Rabbi Henry & Molly May

JANUARY 27 & 28

Friday, 5:30 p.m.: Rabbi Bisno & Molly May
Saturday, 10:30 a.m.: Rabbi Bisno & Molly May

For Women

Sisterhood Meeting

Sunday, January 8 · 10 a.m. · Sisterhood Room
Come join the Sisterhood as we prepare for upcoming events and plan for the future! Meet old friends and make new ones. All are welcome. Light refreshments served.

Rosh Chodesh Discussion Group

Tuesday, January 10 · 6 p.m. · Small Dining Room
Women are invited to welcome the new moon (Rosh Chodesh) and the new Hebrew month (Tevet) at our brown bag dinner discussion. Our meetings are warm, friendly, welcoming, and discussion-oriented.

Tikkun Chant Circle

Sunday, January 15 · 10 a.m. · Chapel
This unique spiritual experience is led by composer and chant leader David Goldstein. David uses texts from the Torah and our liturgy, combined with simple, repetitive melodies to dive deeply into a prayerful intention. Drums and the East Indian shruti box heighten the experience.

Dreamers Group

Wednesday, January 18 · 7 p.m. · Chapel
For those who want to engage in prayer and spiritual practice in a new way, join other dreamers to explore Jewish mindfulness & spiritual enrichment in monthly discussions. These monthly gatherings will reflect a learning laboratory where we can freely explore a topic, and then experience the practice. As we find topics that resonate strongly with the group, we will deepen our study and practice of these in future Dreamer activities.

Social Action

Cook for the East End Cooperative Ministry

Monday, January 30 · 6 p.m. · Kitchen

Serve Dinner at East End Cooperative Ministry

Tuesday, January 31 · 6 p.m. · EECM

Join the Rodef Shalom team to provide a home-cooked dinner for the East End Cooperative Ministry. Over the past two years, this activity has become a fast favorite for Social Action at Rodef Shalom! You can join us to cook and prep dinner in our own kitchen, or travel to the EECM (6140 Station Street, East Liberty) to serve dinner to the residents there.

Monthly Food Drive for the Squirrel Hill Community Food Pantry

Food justice is a significant part of our Social Action efforts! Help feed the needy in our community. Visit our donation station in the Commons area.

January: Peanut Butter

Learn about the Squirrel Hill Community Food Pantry at: www.sqfoodpantry.org

Administrative Offices Closed

Sunday & Monday,
January 1 & 2
New Year's Day

Monday,
January 16
Martin Luther King Jr. Day



Learning

Talmud Class with Paul Tuchman

Wednesday, January 4 · 6:30 p.m. · Krause Conf. Rm.
Join this open dialogue with Rabbi Paul Tuchman (in English) on the Babylonian Talmud. Both the Mishnah and the Gemara will be discussed.

Christian-Jewish Dialogue

Thursday, January 5 · 12 p.m. · ALC1
In the coming year, this group will explore the vocabulary of Christian-Jewish dialogue & foundation words of faith & spirit. This month's discussion word is "salvation". Hosted by Rabbi Aaron Bisno & facilitated by local clergy from Jewish & Christian backgrounds.

Torah & the Times with Rabbi Bisno

Thursday, January 12 · 12 p.m. ALC1
Rabbi Bisno's monthly series continues. Bring a brown bag lunch and your dilemmas of today! We'll see what this living document has to say to them. We'll begin with the "gospel of the New York Times" - Torah lessons taken from the daily news.

Stress-Free Book Chat

Wednesday, January 18 · 1 p.m. · Krause Conf. Rm.
Open to all book lovers in the congregation, this club simply requires members to bring any book they have read and wish to share with the club. It's that easy! 3rd Wednesday of every month at 1 p.m. Sponsored by Brotherhood, light snacks will be provided. RSVP to JoAnn at 412-621-6566.

Sacred Aging

Thursday, January 19 · 12 p.m. · Krause Conf. Rm.
What does it mean to live longer? How do we best keep our brains engaged, both intellectually and spiritually? Join Rabbi Aaron Bisno for a part lecture-part discussion on how one can age sacredly. A light lunch provided, please rsvp to frischer@rodefshalom.org.

For Men

Brotherhood Meeting

Tuesday, January 3 · 6:15 p.m. · ALC 1
Every member of Brotherhood is welcome to attend and participate. It is your Brotherhood, be part of it! Dinner is served at 6:15 p.m. The meeting begins 6:45 p.m.

Brothers All Breakfast Discussion

Sunday, January 8 · 10 a.m. · Small Dining Room
Come meet friends, enjoy a light continental breakfast, and participate in a lively discussion on a topic of current interest selected by the group.

For Families

DG2! (Doing Good Together!)

Sunday, January 8 · 12 p.m. · Rodef Shalom
DG2! is a collaborative effort between youth and families at Rodef Shalom Congregation and East Liberty Presbyterian Church dedicated to community service. After a great kickoff event, we're ready to move forward in helping our neighborhoods become better places for everyone. We hope you will join us once again (this time at Rodef Shalom) as we will tackle the continuing issue of food insecurity in a new way! RSVP to Yael at eads@rodefshalom.org.

Tot Shabbat

Friday, January 13 · 6 p.m. · Aaron Court
Gather for candle lighting, Kiddush and hamotzi followed by a potluck dinner. We provide an entrée, beverages and dessert. Please bring a nut-free salad or side dish for 8 people. After dinner will be a worship service geared toward children, then we'll reconvene for dessert. RSVP to Mimsie at leyton@rodefshalom.org or 412-621-6566 x127.

Teen Shabbat at Hillel-JUC (9th-12th Grades)

Friday, January 20 · 5:30 p.m.
Hillel Jewish University Center (4607 Forbes Ave, 15213)
Are you curious what Jewish life is like on a college campus? Then join Hillel-JUC for their Teen Shabbat and celebrate Shabbat with local college students as well as your high school friends! More details to come in your Shalom-A-Gram emails, for questions contact Yael at eads@rodefshalom.org.

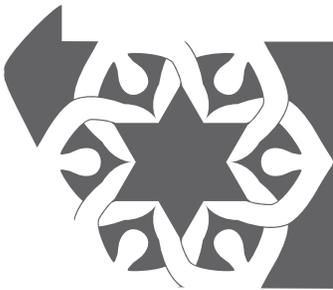
Pittsburgh Glass Center (Ages 8-12)

Sunday, January 22 · 12-3 p.m. · Meet at Rodef Shalom
Have you ever wanted to create something out of glass from scratch? Roll up your sleeves and get right to the torch and kiln to create your very own, unique glass fused picture frame at the Pittsburgh Glass Center! This hands-on activity includes a tour of the facility as well as a live hot glass demonstration. Lunch will be provided prior to the event and pick up will be at the Pittsburgh Glass center located at 5472 Penn Ave. Due to the nature of the event, participants must be 8 years of age or older. Space is very limited and will be filled on a first come, first served basis. Cost is \$25 per participant and includes lunch, tour, demonstration, and creation of the glass picture frame. Please RSVP to Yael Eads at eads@rodefshalom.org by Sunday, January 15.



FOR EVENTS: RESERVATIONS OR TICKETS ARE NEEDED FOR EVENTS WITH THIS SYMBOL.





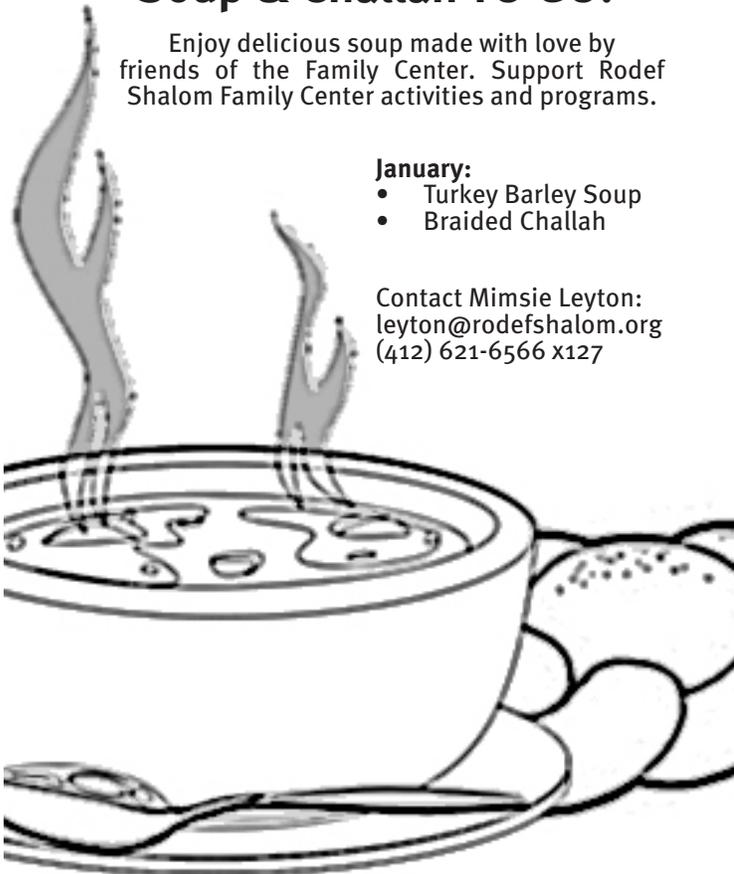
Soup & Challah TO GO!

Enjoy delicious soup made with love by friends of the Family Center. Support Rodef Shalom Family Center activities and programs.

January:

- Turkey Barley Soup
- Braided Challah

Contact Mimsie Leyton:
leyton@rodefshalom.org
(412) 621-6566 x127



Happening Every Week

Alcoholics Anonymous Meeting

Mondays · 7 p.m. · ALC1

A full list of Pittsburgh AA meetings is available at:
www.pghaa.org/php/mtglist.php

Sewing Workshop Sponsored by Sisterhood

Tuesdays · 10 a.m. · Sisterhood Room

Beginners welcome. A brown bag lunch follows. Contact Nancy Rosenthal: (412) 828-4844.

Afternoon Open Play

Tuesdays · 3:30 - 5:30 p.m. · Family Center

A classroom and the playground will be open for children who are accompanied by an adult to hang out with friends. Contact Mimsie: (412) 621-6566 x127.

Parkinson's Support Group

Wednesdays · 1 p.m. · ALC1

Meets the first Wednesday of each month. Parkinson's Foundation Western Pennsylvania Information is available at: www.pfwp.org

Yoga sponsored by Sisterhood

Fridays · 9:30-11 a.m. · Sisterhood Room

Men and women are welcome. Cost is \$10/class. Bring a mat. Contact Sharon Lesgold: (412) 904-2611.

MISSION STATEMENT

The mission of Rodef Shalom is to build and sustain a vibrant Reform Jewish community. We guide and support our members in living full Jewish lives throughout the lifecycle, based on torah (study), avodah (worship) and gemilut hasadim (acts of loving kindness). We strive to be a national and international leader in Jewish thought and practice.